

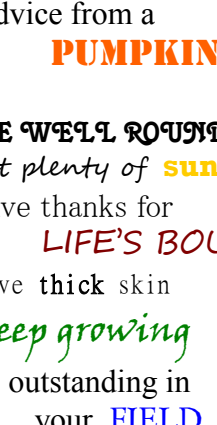



345 West 600 South
 Suite #401
 Heber, UT 84032
 435-657-3696



October



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Dr. Dummar's Hours: Monday 9-4 Tuesday 8-5 Wednesday 9-7 Friday 7-4</p>	<p>2 Lab Blood Draws <i>Cranial Sacral Therapy</i> Yoga Therapy Massage</p>	<p>3 Massage <i>Cranial Sacral Therapy</i> Yoga Therapy Community Acupuncture 5:00 PM Meditation</p>	<p>4 Lab Blood Draws Community Acupuncture 12:00 PM 5:00 PM 6:00 PM</p>	<p>5 KID DAY \$28.00 <i>Adjustment Day</i></p>	<p>6 <i>Community Acupuncture</i> 9:00 AM 10:00 AM Organic Facials Massage</p>	
<p>8 </p>	<p>9 Lab Blood Draws <i>Cranial Sacral Therapy</i> Yoga Therapy Massage</p>	<p>10 Massage <i>Cranial Sacral Therapy</i> Yoga Therapy Community Acupuncture 5:00 PM No Meditation</p>	<p>11 Lab Blood Draws Community Acupuncture 12:00 PM 5:00 PM 6:00 PM</p>	<p>12</p>	<p>13 <i>Community Acupuncture</i> 9:00 AM 10:00 AM Organic Facials Massage</p>	
<p>Dr. Mahoney's Hours: Tuesday 8-3 Thursday 9-5</p>	<p>16 Lab Blood Draws <i>Cranial Sacral Therapy</i> Yoga Therapy Massage</p>	<p>17 Massage <i>Cranial Sacral Therapy</i> Yoga Therapy Community Acupuncture 5:00 PM Meditation</p>	<p>18 Lab Blood Draws Community Acupuncture 12:00 PM 5:00 PM 6:00 PM</p>	<p>19</p>	<p>20 <i>Community Acupuncture</i> 9:00 AM 10:00 AM Organic Facials Massage</p>	<p>Advice from a PUMPKIN:</p> <p>BE WELL ROUNDED get plenty of sunshine Give thanks for LIFE'S BOUNTY have thick skin Keep growing be outstanding in your FIELD think BIG</p>
	<p>23 Lab Blood Draws <i>Cranial Sacral Therapy</i> Yoga Therapy Massage</p>	<p>24 Massage <i>Cranial Sacral Therapy</i> Yoga Therapy Community Acupuncture 5:00 PM Meditation</p>	<p>25 Lab Blood Draws Community Acupuncture 12:00 PM 5:00 PM 6:00 PM</p>	<p>26</p>	<p>27 <i>Community Acupuncture</i> 9:00 AM 10:00 AM Organic Facials Massage</p>	
<p><i>We close every day for lunch from 12:20—1:40 p.m. and on Wednesdays from 12:20—2:40 p.m.</i></p>	<p>30 Lab Blood Draws <i>Cranial Sacral Therapy</i> Yoga Therapy Massage</p>	<p>31  Happy Halloween</p>		