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 Heber, UT 84032
 435-657-3696

April



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Happy Easter	2 CHW Closed	3 Massage Cranial Sacral Therapy YOGA Therapy GuaSha Therapy Community Acupuncture 5:00 p.m. Meditation 7:00	4 Blood Lab Draws GuaSha Therapy Community Acupuncture 12:00, 5:00 & 6:00 p.m.	5 GuaSha Therapy Nutrition Consult B12 shot	6 Massage Facial Rejuvenation Community Acupuncture 9:00 and 10:00 a.m.	7 <i>Shop for Health with Taylor @ Natural Grocers 11:00-12:00</i>
Dr. Dummar's Hours: Tuesday 9-5 Wednesday 9:30-7 Friday 7-2	9 YOGA Therapy Cranial Sacral Therapy Nutrition Consult Dr. S gone this week	10 Massage Cranial Sacral Therapy YOGA Therapy GuaSha Therapy Community Acupuncture 5:00 p.m. Meditation 7:00	11 Blood Lab Draws GuaSha Therapy Community Acupuncture 12:00, 5:00 & 6:00 p.m.	Kid Day \$28.00 Adjustment Day	13 Massage Facial Rejuvenation Community Acupuncture 9:00 and 10:00 a.m.	
Dr. Mahoney's Hours: Tuesday 8-3 Thursday 9-5	16 YOGA Therapy Cranial Sacral Therapy Nutrition Consult B12 shot	17 Massage Cranial Sacral Therapy YOGA Therapy GuaSha Therapy Community Acupuncture 5:00 p.m. Meditation 7:00	18 Blood Lab Draws GuaSha Therapy Community Acupuncture 12:00, 5:00 & 6:00 p.m.	19 GuaSha Therapy Nutrition Consult B12 shot	20 Massage Facial Rejuvenation Community Acupuncture 9:00 and 10:00 a.m.	21
Dr. Skolout's Hours: Monday 9-4 Thursday 9-5	23 YOGA Therapy Cranial Sacral Therapy Nutrition Consult B12 shot	24 Massage Cranial Sacral Therapy YOGA Therapy GuaSha Therapy Community Acupuncture 5:00 p.m. Meditation 7:00	25 Blood Lab Draws GuaSha Therapy Community Acupuncture 12:00, 5:00 & 6:00 p.m.	26 Dr. D in 9-5 GuaSha Therapy Nutrition Consult B12 shot	27 Massage Dr. D is out of the office today	28
Closed for lunch Monday 12-2 Wednesday 12-3 Thursday 12-2	30 YOGA Therapy Cranial Sacral Therapy Nutrition Consult B12 shot		April prepares her green traffic light and the world thinks "GO" -John Morley		