

345 West 600 South
 Suite #401
 Heber, UT 84032
 435-657-3696

MARCH



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p><i>Dr. Dummar's Hours:</i> Monday 9-3:30 Tuesday 9-5 Wednesday 9:30-7 Friday 7-2</p>	<p><i>Dr. Mahoney's Hours:</i> Tuesday 8-3 Thursday 9-5</p>	<p><i>Dr. Skolout's Hours:</i> Monday 9-4 Thursday 9-5</p>			2	3	
	4	5 Blood Lab Draws YOGA Therapy Cranial Sacral Therapy Massage B12 shot	6 Massage Cranial Sacral Therapy YOGA Therapy GuaSha Therapy Acupuncture 5:00 p.m. Meditation 7:00	7 Blood Lab Draws GuaSha Therapy Acupuncture 12:00 5:00 and 6:00 p.m.	8 Kid Day \$28.00 Adjustment Day	9 Massage Facial Rejuvenation Acupuncture 9:00 and 10:00 a.m.	10
	11	12 Blood Lab Draws YOGA Therapy Cranial Sacral Therapy Massage B12 shot	13 Massage Cranial Sacral Therapy YOGA Therapy GuaSha Therapy Acupuncture 5:00 p.m. Meditation 7:00	14 Blood Lab Draws GuaSha Therapy Acupuncture 12:00 5:00 and 6:00 p.m.	15 IV THERAPY GuaSha Therapy Nutrition Consult B12 shot	16 Massage Facial Rejuvenation Acupuncture 9:00 and 10:00 a.m.	17
	18	19 Blood Lab Draws YOGA Therapy Cranial Sacral Therapy Massage B12 shot	20 Massage Cranial Sacral Therapy YOGA Therapy GuaSha Therapy Acupuncture 5:00 p.m. Meditation 7:00	21 Blood Lab Draws GuaSha Therapy Acupuncture 12:00 5:00 and 6:00 p.m.	22 Dr. D in 9-2 IV THERAPY GuaSha Therapy Nutrition Consult B12 shot	23 Massage Dr. D is out of the office today	24
	25	26 Blood Lab Draws YOGA Therapy Cranial Sacral Therapy Massage B12 shot	27 Massage Cranial Sacral Therapy YOGA Therapy GuaSha Therapy Acupuncture 5:00 p.m. Meditation 7:00	28 Blood Lab Draws GuaSha Therapy Acupuncture 12:00 5:00 and 6:00 p.m.	29 IV THERAPY GuaSha Therapy Nutrition Consult B12 shot	30 Massage Facial Rejuvenation Acupuncture 9:00 and 10:00 a.m.	31